



Key References:

Matthew 26:38–39 (ESV)

³⁸ Then he said to them, “My soul is very sorrowful, even to death; remain here, and watch with me.” ³⁹ And going a little farther he fell on his face and prayed, saying, “My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as you will.”

Matthew 9:4 (ESV)

⁴ But Jesus, knowing their thoughts, said, “Why do you think evil in your hearts?”

Matthew 6:21 (ESV)

²¹ For where your treasure is, there your heart will be also.

“We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.” – CS Lewis

Proverbs 21:2 (ESV)

² Every way of a man is right in his own eyes, but the LORD weighs the heart.

Ezekiel 36:26–27 (ESV)

²⁶ And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh. ²⁷ And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.

1 – THE DESIRES OF MANKIND

Wes began by saying; “we live in a culture that has treated the heart like God.” **What is the meaning of this?**

If the wants and desires of the human heart have been given the place of God how does that take us away from God?

2 – THE LOUDEST VS THE DEEPEST DESIRE

Wes brought up this idea of the loudest desire vs the deepest desire. **What did Wes say is the difference between these two?**

Read Matthew 26:36-42 of Jesus in the Garden of Gethsemane. **How does this scripture show Jesus’ tension between his loudest verses his deepest desire? What were the two desires?**

How does this concept of loudest vs deepest desire translate to your own life? How had God led you through these tensions?

Have you ever been disappointed by God? How does disappointment reflect the tensions?

3 – EXAMINING OUR DESIRES

Read Matthew 6:21. **Examining your life do you find yourself living for earthly treasure or eternal treasure?**

Read the quote from CS Lewis. **What do we miss out on when all our desires are in this life?**

4 – A CHANGE OF DESIRE

Wes said: “When we live our lives giving into the loudest desires what ends up happening is; we satisfy a loud desire but in the long run it leads to a cold heart. God wants to reposition us to respond to the deepest desire because that’s where the soft heart is [and] that’s where we actually begin to hear him with our hearts.” **Have you ever experienced this? What can we do to soften our hearts to let God change our desires?**

Has God ever changed your earthly desires to His desires? How did He do that?